

#### Cost

**5,500 CFA**Includes guide & forest entry fee

**6,000 CFA**Return transport (motorcycle)

**1,000 CFA**Singles Supplement (if not part of a group)

## How to Book:

Fill out a booking form at:

www.berudep.org/cms/booking-form.html

Or email us with any questions you may have:

berudepservices @gmail.com





### *Itinerary*

7:00 Meet at BERUDA visitor's centre in Belo

7:30 Motorcycle to Anyajuah

8:30 Depart for Lake Oku

11:30 Packed lunch at Lake Oku

12:30 Trek back to Anyajuah

15:00 Motorcycle to Belo (about one hour) or continue trekking to Belo (3 hours)

# Sacred Lake Oku

Trek from the top of the crater to the mysterious Lake Oku.

Hike through the forest where the natural world waits to be discovered.

Sit on the shores of the sacred lake without another soul in sight.

Swimming is not allowed in the lake as it is believed to be the home of an old woman's spirit who descended into the lake after being shown kindness by the people of Belo.

Because of this kindness, the lake's one inlet flows into Belo Village.

Sacrifices are still made one day a year to the 'God' of the lake.

#### What to Bring

- Hiking Boots
- Camera
- Drinking Water
- Sunblock
- Mosquito Repellent
- Umbrella (Mar—Oct)
- Waterproof Jacket (Mar—Oct)